

Suicide Data: **Maine**



Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2020 data from the CDC, the most current verified data available at time of publication (March 2022).

12th leading cause of death in Maine

2nd leading

cause of death for ages 10-24

2nd leading

cause of death for ages 25-34

3rd leading

cause of death for ages 35-44

5th leading

cause of death for ages 45-54

8th leading

cause of death for ages 55-64

15th leading

cause of death for ages 65+

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Maine	234	16.30	23
Nationally	45,979	13.48	

See full list of citations at afsp.org/statistics.

79.93% of communities did not have enough mental health providers to serve residents in 2021, according to federal guidelines.

Almost **six times** as many people died by suicide in 2019 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of **4,169 years** of potential life lost (YPLL) before age 65.

86% of firearm deaths were suicides.

56% of all suicides were by firearms.